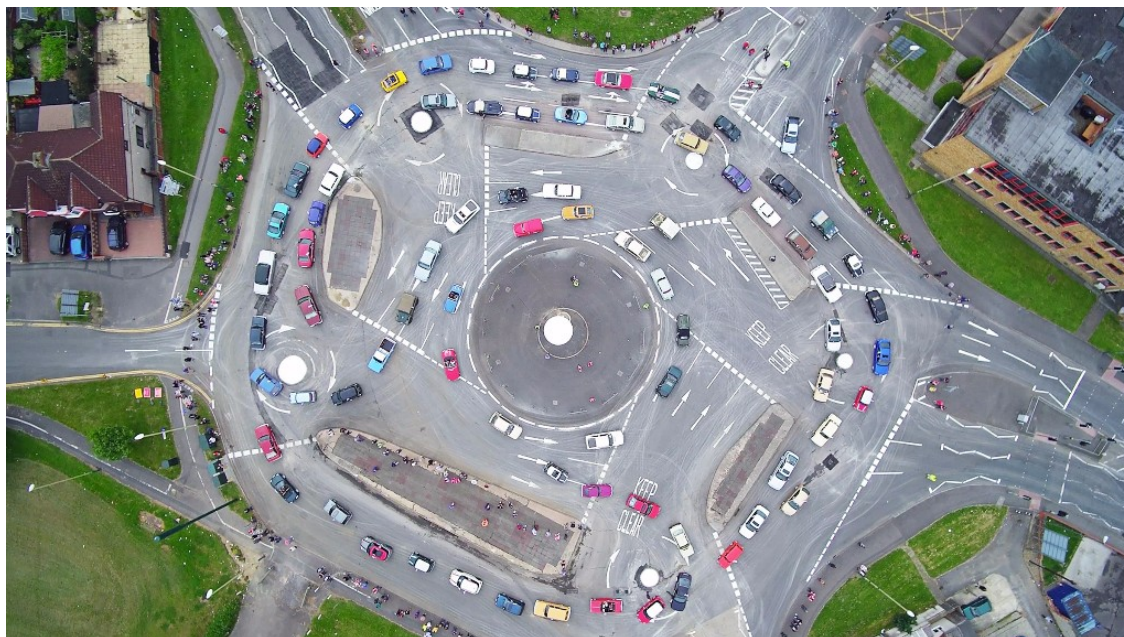


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I'm sure everyone is familiar with a "roundabout", but you have never really experienced a roundabout until you've been in downtown London during rush hour! It was 30 years ago that my husband and I, inadvertently, ended up on the inside lane of a 4-lane roundabout. It felt like we were going to go in circles for the rest of our lives.

Addiction is like the inside lane...it is a circle of loss, grief, and separation from all you hold dear. Eventually we got to the outside lane. There was hope! That is what an addict finds when they go through a rehabilitation program; hope. But, like when we were in London, they are usually still in the cycle of relapse and sobriety.

In London we had to exit the roundabout, we had to find an off ramp. That is what Living in Recovery is, an off ramp from the cycle of addiction and relapse. It is a safe, supportive environment, with accountability, for the next leg of the journey. Will you help us provide this resource to individuals who are serious about rebuilding their lives and breaking the cycle? During this season of Thanksgiving please consider a gift that represents hope and help

to those who will look to LIR as their off ramp from addiction.

Kim Manning, Executive Director

Give your best gift on #GivingTuesday, November 28, to

Living in Recovery

Go to www.lirhowardcounty.org to donate

Thank you in advance for partnering with LIR!

Click [HERE](#) to visit us on Facebook

Living in Recovery:

Helping men and women reclaim their lives and break the cycle of addiction-rehab-relapse by combining affordable housing free of alcohol and drugs with peer support and a climate of personal accountability.



Our mailing address is:

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