

[View this email in your browser](#)



#GIVINGTUESDAY

Thank You! Living In Recovery is a small non-profit that could not meet the needs of those committed to breaking the cycle of addiction without YOUR help. For those of you who were able to give on Giving Tuesday, our deepest thanks—we were able to raise over \$6000. If you were not able to give, maybe you will consider LIR in your end of the year charitable giving. Maybe these facts will help encourage you to give a generous gift that truly makes a difference:

- On March 1, 2017 Gov. Larry Hogan declared a state of emergency for the state of Maryland in regards to the opioid epidemic (Washington Post 3/1/17)
- The opioid epidemic now ranks with cancer, strokes, and heart attacks as top killers in the state of Maryland (US News and World Report 5/4/17)
- In 2016 there were 2,000 deaths from overdose in Maryland, double the rate in 2015 (DHMH)
- In Howard County, MD there have been 52 deaths from overdoses and 154 non-fatal overdoses as of November 25, 2017 (Howard County Police Department)
- According to Mike Gimbel (Director of Substance Abuse for Baltimore County) “There is unlikely to be any headway against the problem of the addiction epidemic without the primary focus being on long term treatment and rehabilitation
- A study done by Johns Hopkins University documented that an individual that goes through a rehabilitation program, followed by a period in Recovery Housing, is 10 times more likely to achieve long term sobriety
- Living in Recovery (LIR) was established in 2010 to provide Recovery Housing in Howard County, MD (the only county at that point without Recovery Housing due to the high cost of housing)
- LIR has 4 homes (3 men’s and 1 women’s) with a total of 24 beds
- LIR has grant money from the state of Maryland to open up 2 more homes as soon as \$60,000 can be raised to make the purchased homes compliant with state codes for Recovery Housing
- LIR is the only state certified, multi-site, provider of Recovery Housing in Howard County

- LIR has a 65% success rate for individuals leaving the program clean and sober
- LIR receives referrals from the following community institutions (often having to put individuals on a waiting list): Howard County Detention Center, Grassroots Crisis Intervention Center, Howard County Health Department and regional substance abuse treatment programs (Mountain Manor, Hope House, Helping Up Mission, Father Martin's Ashley, Shoemaker House, Serenity Acres, Howard House, Caron, and Phoenix Recovery)
- LIR has a formal agreement with The Howard County Health Department to provide Recovery Housing for clients in their substance abuse treatment programs. We also serve residents referred through the Coordinated System of Homeless Services. Additionally, we are among the housing providers for the Detention Center's Rapid Rehousing Program.
- Since it's inception LIR has served over 150 residents

Kim Manning, Executive Director

Go to www.lirhowardcounty.org to donate
Thank you in advance for partnering with LIR!

Click [HERE](#) to visit us on Facebook

Living in Recovery:

Helping men and women reclaim their lives and break the cycle of addiction-rehab-relapse by combining affordable housing free of alcohol and drugs with peer support and a climate of personal accountability.



Our mailing address is:
8775 Centre Park Drive #218, Columbia, MD 21045

[unsubscribe from this list](#) [update subscription preferences](#)